



AL PIGLIO

Wellness

brochure

English language



WELLNESS TREATMENT WITH GRAPES AND WINE

Grapes are a real concentrate of antioxidant properties given by the presence of linoleic acid and polyphenols that are contained in the skin and in its seeds (grape seeds).

Among the many benefits of grapes related to wellness treatments is its ability to stimulate microcirculation, counteract free radicals and strengthen the walls of the capillaries. Finally, grapes also have purifying, purifying and anti-aging properties.

The treatment starts with a face scrub with an oxygenating face mask based on grape seeds and grape polyphenols for 25 minutes. It concludes with a relaxing 50-minute couple's massage with grapeseed oil.

Wellness treatment with grapes and wine

Duration: 1 hour and 45 minutes

230,00 € for couple



PREMIER CRU WINE THERAPY EXPERIENCE

BODY SCRUB + BODY MASSAGE + SCRUB AND FACE MASK

1 h 45 min. 150 euro

A procedure based on the benefits of grapes.
It encourages cell regeneration and intensifies the consistency of the skin. Rich in essential fatty acids, grape seed oil has emollient properties, it softens, hydrates and nourishes the skin. Its high antioxidant property preserves the skin's barrier neutralizing free radicals.

It starts with a body scrub with both an exfoliating and hydrating effect; it continues with a toning massage and a facial scrub with an anti ageing face mask.

EXTRA VIRGIN OLIVE OIL WELLNESS EXPERIENCE

BODY AND FACE SCRUB, MASSAGE AND FACE MASK

1h e 45 min. 130 euro

A procedure based exclusively on the benefits of EVO oil (extra virgin olive oil) due to its concentration of antioxidants, it contrasts freeradicals, responsible for skin ageing. It's a booster of natural hydration: intensely nourishing the skin, maintaining elasticity and protecting it from the effects of weather exposure.

It starts with a delicate body and face scrub with a toning effect, it continues with a relaxing massage with a hydrating effect and it finishes with a nourishing face mask.





AGRIWELLNESS MESSAGES AND BODY TREATMENTS

DECONTRACTING BACK MASSAGE WITH EXTRA VIRGIN OLIVE OIL

25 minutes 45,00 €

Performed with circular massages and pressures that have the function of relaxing the muscles.

RELAXATION MASSAGE WITH LAVENDER OIL

25 minutes 45,00 € / 50 minutes 65,00 €

Personalized and effective full-body massage in reducing tension, detoxifying and rebalancing.

CANDLE MASSAGE

50 minutes 65,00 €

A particular type of massage carried out through specific candles composed of vegetable oils and butters.





SPORTS MASSAGE

50 minutes 70,00 €

Performed on specific body regions in order to improve athletic performance.

ANTI-STRESS FACE AND BODY MASSAGE

50 minutes 80,00 €

This massage tends to preserve the health and well-being of the entire body in all its aspects, both physical and psychological.

FOOT MASSAGE

25 minutes 35,00 €

It consists of pressing and massaging the soles of the feet.



AROMARITUAL

90 minutes 110,00 €

Body scrub and massage.



WELLNESS TREATMENT FOR COUPLES

COUPLE'S RELAXATION MASSAGE

Relaxing full body massage.
It helps to improve the state of well-being,
stimulates the production of endorphins,
improves the quality of sleep, memory and concentration.

WITH OIL OF YOUR CHOICE FROM:

Extra virgin olive oil

Lavender oil supplement 10,00 €

50 minutes 145,00 € per couple





FACIAL WELLNESS

FACIAL CLEANSING

Deep cleansing treatment that combines exfoliation, hydration and nourishment.

50 minutes 40.00 euro

LYMPHATIC DRAINAGE OF THE FACE

Treatment that stimulates blood and lymphatic microcirculation.

25 minutes 35.00 euro

PURIFYING LEMON FACIAL TREATMENT

It makes the skin visibly healthier and more even.

50 minutes 50.00 euro

ANTI-AGEING TREATMENT WITH GRAPES AND POMEGRANATE

Visibly diminishes wrinkles and fine lines

50 minutes 50.00 euro



SCRUB

BODY AND FACE SCRUB WITH EXTRA VIRGIN OLIVE OIL

40 minutes 75.00 euro

Exfoliates and revitalizes the skin, giving it tone and hydration.

GRAPE BODY SCRUB 30 minutes 55.00 euro

Based on hyperfermented red grape extract with a strong antioxidant activity. The grape seeds together with the cane sugar have an exfoliating, smoothing and toning action. At the same time, sweet almond oil gives softness and nourishment.

LEMON BODY SCRUB 30 minutes 50.00 euro

With a cleansing effect, it gently exfoliates the skin by eliminating impurities.

HONEY BODY SCRUB 30 minutes 45.00 euro

The honey used in this scrub comes from a hive that we adopted in Sardinia. Honey has antibacterial, antiviral and antifungal properties. Honey together with sugar is a delicate and natural exfoliant.

MINT BODY SCRUB 30 minutes 45.00 euro

Mint has a detoxifying, decongestant and firming action.





BASIC AESTHETIC PRICE LIST

Complete hair removal 50,00 euro
(Legs, groin, armpits, arms)

Partial hair removal 15,00 euro
(An area of your choice: legs, armpits, groin, arms)

Moustache and eyebrow hair removal
10,00 euro

Depilation
(An area of your choice: mustache, eyebrows)
5,00 euro

Simple manicure with nail polish
15,00 euro

Manicure with semi-permanent nail polish
30,00 euro

Aesthetic pedicure
25,00 euro

Curative pedicure
35,00 euro

Luxury Pedicure
(Scrub, mask and foot massage)
with semi-permanent
50,00 euro



Al Piglio - Maison De Charme Wine & Wellness Resort

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